

Hair Analysis

Did You Know?

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Why is it beneficial to know minerals & heavy metals levels?

- Women's premenstrual headaches are often caused by too much copper?
- Arthritis pain can be caused by lead cadmium or mercury poisoning?
- Eating the wrong diet can contribute to conditions such as constipation, diverticulosis, and heart disease?
- Taking too much of any one vitamin or mineral can be harmful?
- Too much vitamin C can actually make an infection worse in certain metabolic types?
- Hair analysis is the most efficient means of determining exactly what vitamins and minerals you do need?
- Adolescent acne can be caused by lead or copper poisoning as well as a zinc deficiency?
- Approximately 80% of our population lack the necessary enzymes and natural stomach acids to digest their food?
- Hyperactive children often have too much lead in their systems?
- Obesity is usually caused by chronic blood sugar problems?
- Mercury toxicity in the mother's system can kill her unborn child?
- Magnesium deficiency is related to epilepsy leukemia, heart disease and kidney disorders?
- Diuretics often prescribed for patients with high blood pressure and heart trouble can decrease your potassium supply?
- The male prostate gland contains more zinc than any other organ in the body? Because of this, adequate zinc levels are important for male potency.
- High blood pressure and strokes may be caused by too much sodium chloride (salt)?
- Many baby foods contain too much salt?
- High levels of copper and iron levels in the body can cause migraine headaches and even schizophrenia?
- Adequate zinc intake helps to regulate blood levels?
- Lead toxicity is linked to multiple sclerosis?
- Zinc deficiency can retard bone development and produce malformed sex organs?
- Doctors often diagnose heart attacks by the amount of the mineral manganese in the body?
- Chromium, magnesium, manganese and Vitamin B6 deficiency are related to diabetes?
- Vitamin B2 folic acid vitamin E, zinc and chromium are important for users of birth control pills?
- Magnesium supplements may prevent brain damage of alcoholics?

Important: This information is for educational purposes only. It is not intended for diagnosing or treating diseases. If you have a serious illness, we recommend you consult a competent health practitioner before beginning a course of treatment.

Building Better Health Naturally

