

# **Emotional Biofeedback**

# Harmony & Health

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Quality Products for Health www.harmony4health.com www.facebook.com/harmony4health

**EVOX® Emotional Biofeedback Scans -** creates a visual map of a client's perception about a specific topic such as health, relationships, work, athletic performance, or any aspect of life they would like to improve.

# Change your perceptions, change your life!

Health conditions involve perception, & reframing your perception on health (emotional/physical, past & present) issues can positively improve the way you feel. Perception Index increases your ability to choose; it moves you to a position of choice rather than reaction. It can be profound because perception creates personal reality.

EVOX Biofeedback Therapy uses voice mapping technology to identify congested emotional areas at the subconscious level, and effectively clears them by feeding back the missing frequencies detected in a person's voice. Shifts in voice patterns can be noticed almost immediately.

Perception reframing allows for a more functional reality, and can be used to improve any aspect of life, including personal health, interpersonal relationships, and performance.

## **Perception Index Zones**

- 1. Acknowledged
- 2. Repetitive Thinking
- 3. Sadness
- Emotionally Disconnected
  Self Critical
- 6. Conditional Love
- 7. Anger
- 8. Fearful /Overwhelmed 11. Rigi
- 9. Suppressed Emotions
- 10. Unworthy/Undeserving
- 11. Rigid Beliefs
- 12. Conflicting Beliefs

### **Benefits Reported When Using EVOX**

- Enriched relationships
- Manage emotionally charged eating(stress eating)
- Better manage stressful situations
- Overcome fears, anxieties, worries and stress
- Better organized
- Live healthier

- Clients comment that they...
  - Have more energy
  - Make better choices
  - Manage stress more constructively
  - Have more peace. more optimistic
  - Feel less burdened

## We offer multiple scans to choose from. Brief description of each on back

**Important:** This information is for educational purposes only. It is not intended for diagnosing or treating diseases. If you have a serious illness, we recommend you consult a competent health practitioner before beginning a course of treatment.



Building Better Health Naturally

#### Scan options to choose from:

#### **Single-Topic** (may take more than one session)

Chances are that a person has a specific area in life that's giving them trouble. Whatever this area is, the Single-Topic chart is capable of addressing it in a very powerful way. After speaking on the topic multiple times and then doing an auditory Timed Output, the body's subconscious will absorb the information and a shift will eventually occur regarding that topic. The expanded perception can then lead to improvements in that area.

#### Multi-Topic (may take more than one session)

With any topic, there are usually associated areas that relate. The Multi-Topic chart provides a clearer "road map" to guide the practitioner in determining which areas related to the core topic they should work on reframing first. The client then speaks about the related topics and does auditory Timed Outputs in the specified order until each associated perception shifts. This method allows the client to reframe the topic in a more comprehensive way.

#### Transgenerational (will take multiple sessions)

Did you know that many believe that our perceptions are inherited from our ancestors? Like most other perceptions, these transgenerational perceptions may be deeply embedded in our subconscious. While many of these perceptions serve an important purpose, some are less desirable and can create barriers to wellness. The Transgenerational Chart addresses the perceptions that may be creating these barriers.

#### When You Come for Your Scan

- No prior preparation is necessary you do not need to fast or collect any body fluids.
- If your hands are cold, or if you have applied lotion, we may ask you to wash your hands to warm them.
- The scan itself takes approximately 30-60 minutes to complete.
- Children under 18 must be accompanied by a parent or guardian.
- The report will be emailed to you; If you do not have an email, a print copy can be provided for an additional \$5 fee.
- Follow-up scans are usually recommended at 4–6 weeks time, depending on the individual being tested and the issues being addressed

\*Please confirm appointments with a credit card. You will <u>not</u> be charged until the time of your visit.

**Cancellation and No Show policy:** No charge for canceling more than 24 hours of scheduled appointment. 10% fee for less than 24 hours of scheduled appointment / 30% fee for no shows.