

Diabetes

Harmony & Health

(812)738-LIFE(5433)

Quality Products for Health

www.harmony4health.com

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Diabetes is a problem with insulin, a hormone made in the pancreas; as well as a deterioration of blood circulation. Insulin allows the body's cells to use glucose or blood sugar as fuel. There are two types of diabetes: **Type I** - when the pancreas is damaged and can't produce insulin. Requires regular insulin monitoring & shots. **Type II** - when the cells are resistant to insulin causing the pancreas to overproduce it. This type develops slowly and can be helped by nutrition and changes in life-style, such as exercise and weight loss.

Some Supplements which may help reduce insulin resistance are:

- **Cinnamon Balance** effectively supports healthy blood sugar balance. Powerful blend of cinnamon, nopal, fenugreek, astragalus, burdock and dandelion root and leaf.
- **Sugar-Reg** helps support normal blood sugar levels and supports both the liver & pancreas.
- **ProPancreas** is designed to improve the health and functioning of the pancreas as well as lower blood sugar.
- **PBS** designed for diabetics to help pancreas produce insulin and lower blood sugar levels. It also acts as an overall tonic for the body.
- **Nopal** helps the pancreas and liver to regulate the blood sugar levels in the body. It helps the body be more sensitive to insulin.
- **Target P-14** Herbs and amino acid chelates of chromium and zinc, which helps overcome insulin resistance and Type II diabetics.
- **Blood Sugar Formula** contains gymnema which blocks sugar absorption in the intestines.
- **Co-Q10** helps circulation and energy production at the cellular level.
- **Chromium GTF** helps maintain normal blood sugar levels. Helps hypoglycemia & diabetes.
- **Berberine IR** helps support healthy blood glucose levels and healthy gut microbiome health.

Important: This information is for educational purposes only. It is not intended for diagnosing or treating diseases. If you have a serious illness, we recommend you consult a competent health practitioner before beginning a course of treatment.



Help Your Body Stay Healthy with Natural Remedies.